

SAFER SPORTS CLUB: SEASON PLAN

Pre-season preparation

- Updating orientation materials and contact information
- Criminal record check
- Appointment of harassment liaison officers



Don't ignore



At the start of the season

- Orientation for coaches and harassment liaison officers
- Setting the rules for the season
- Communicating with young people about harassment and inappropriate behaviour
- Informing about reporting channels
- Cooperation with children's families

Intervene



During the season

- Encouraging regular feedback
- Strengthening group intervention methods
- Building trust

Seek advice



At the end of the season

- Evaluation of procedures
- Surveys within the club
- Sharing successes

Inform



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Pre-season preparation

- Orientation materials for coaches, instructors, and harassment liaison officers shall be updated.
- The club's harassment liaison officers shall be appointed and confirmed.
- Criminal records shall be obtained for all instructors and coaches working with children and young people.
- The reporting channels for inappropriate behaviour and the associated contact information shall be updated on the website and internal platforms.
- The contact information of the 'You are not alone' service ('Et ole yksin' in Finnish) will be added to the website.
- An assessment shall be made to determine whether the club's common rules need updating.
- 'You are not alone' posters about harassment are put up in the club's training facilities.

At the start of the season

- Orientation is provided to coaches, instructors, and harassment liaison officers.
- The season's rules for training environments and social media are created together with the athletes.
- The rules and orientation for coaches and instructors shall be reviewed.
- Athletes shall be provided with information about bullying and harassment.
- Information on reporting channels and the procedure for reporting inappropriate behaviour shall be communicated within the club.
- Families of children and young people shall be informed about the rules of the groups and clubs, and a meeting shall be organised to explain the steps for reporting harassment.

Et ole
yksin

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Midway through the season

Development discussions between the group and the athletes are arranged with consideration for the athletes' age.

- How have you felt regarding safety within the group?
- What do you think is working well in the group, and what could be improved?
- How are challenging situations handled?
- In what ways has trust been built during the season?
- Athletes are asked directly about any instances of inappropriate behaviour.

Regular communication is provided about the procedures for preventing and intervening in inappropriate behaviour, as well as the club's rules, for example via the club's website and internal communications.

"Have you experienced anything in club activities that made you feel upset or uncomfortable?"

At the end of the season

- The past season shall be evaluated, including a review of how any incidents that occurred were handled. What went well, and what could be improved?
- An anonymous club survey is conducted, asking athletes, coaches, and club officials about bullying, harassment, and other inappropriate behaviour, as well as their experiences of how the club has handled any incidents that have occurred.
- The successes of the club and the groups are shared collectively, and good practices are reinforced.

Et ole
yksin

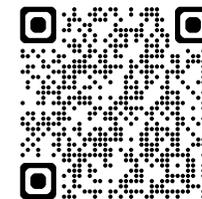
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During the season

- Discussions about harassment, bullying, and violence within the club shall be normalized.
- It shall be communicated regularly that harassment, violence, and inappropriate behaviour are not tolerated in the club or team.
- Club members are regularly informed about the procedures for addressing inappropriate behaviour.
- Incidents that occur within the club are shared openly at a general level, along with information on how the club handles such cases.
- All harassment, bullying, violence, and inappropriate behaviour are addressed in club activities and events.
- If necessary, the 'You are not alone' service, the police, or child welfare services are consulted regarding incidents that occur in the club.
- The groups' methods for intervening in inappropriate behaviour are reinforced.
- Trust is built within the groups and in athlete-coach relationships.

Remember these throughout the season!

Download our materials:



Et ole yksin

Väestöllitto